



2023 FALL II SCHEDULE

Fall II: October 23 to December 9



Beginner Karate Classes

(Ages 6 to 17)

White Belt Beginners (Choose two classes to attend)	Mondays, Fridays, or Saturdays	3:40pm to 4:30pm 10:30am to 11:20am
White Belt 1 & 2 Stripes	Tuesdays & Thursdays	3:40pm to 4:30pm
Yellow & Orange Belts	Mondays & Fridays	4:40pm to 5:30pm

Intermediate & Higher Belt Karate Classes

(Ages 7 and older)

Green and Blue Belts	Tuesdays & Thursdays	4:40pm to 5:30pm
Brown and Black Belts	Tuesdays & Thursdays	5:40pm to 6:30pm

Teen & Adult Karate Classes

(Ages 13 and older)

Evening Class	Mondays & Fridays	5:40pm to 6:30pm
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Lil Dragons Karate Classes

Lil'est Dragons (Ages 4 to 5) (Class limit of 8 students per class)	Saturdays	8:30am to 9:00am
Lil Dragons (Ages 5 to 6) (Class limit of 10 students per class)	Thursdays Saturdays	3:10pm to 3:40pm 9:00am to 9:30am 9:45am to 10:15am

Extra Karate Classes

Bo Class (Orange Belts & Higher)	Wednesdays	3:40pm to 4:30pm
Tournament Team (Invitation only)	Wednesdays	4:40pm to 5:30pm

Other Martial Arts Classes

(Ages 9 and older)

Jujitsu Class	Mondays & Thursdays	6:30pm to 7:30pm
Capoeira Class	Tuesday & Fridays	6:30pm to 7:15pm

Fall II: Registration Dates
 Registration for AYCC Members or
 Currently Enrolled in the program
 begins on October 16
 Open Registration begins on October 23



Visit our website at
www.clubnahakaratedo.com



BELONG BELIEVE ACHIEVE

MARTIAL ART CLASS FEES

(All fees are for a seven week session)
 (Classes with an enrollment less than three will be canceled for the session)
 (Ask our welcome desk about our different membership options)

Lil & Lil'est Dragons	\$60.00 for members/\$70.00 for non-members
Youth Karate/Jujitsu/Capoeira	\$90.00 for members/\$105.00 for non-members
Teen Karate/Jujitsu/Capoeira	\$90.00 for members/\$105.00 for non-members Free Teen Karate, Capoeira, & Jujitsu with a Teen or Family Membership
Adult Karate/Jujitsu/Capoeira	\$105.00 for non-members Free Adult Karate, Intermediate & Higher Karate, Capoeira, & Jujitsu with an Adult, Senior, or Family Membership

Financial assistance is available!



Club "NAHA" Karate-Do U.S.A.
 Boys & Girls Clubs and YMCA of Greater Waterville
 at the Alford Youth & Community Center
 126 North Street, Waterville, Maine 04901
 P: 207.873.0684 F: 207.861.8016 ClubAYCC.org

