

MID MAINE DOLPHINS SWIM TEAM

SEPT 5, 2022 - MAR 31, 2023

AGES 6-18



Alford Youth & Community Center 126 North Street, Waterville 207-873-0684 clubaycc.org

WINTER TEAM INFO

Team Tryouts - Contact Coach Kyle Bauer - kbauer@clubaycc.org

Athletes must be able to float 50 yards confidently.

Jr. Dolphins: Jr. Dolphins swimmers are introduced to the competitive athletic environment. They exhibit rudimentary skills and enthusiasm about the sport. Technique is their primary focus. They are coached to acknowledge team values, individual goals and focused effort. They may attend home swim meets alongside the Dolphins team. (Recommended ages 5-8) Tuesday and Thursday from 5:45-6:30PM.

Bronze: Swimmers in the Bronze Level should be able to: swim the length of the 25 yard pool on their own, swim 25 yards in both the front crawl and backstroke. This group will learn breathing techniques as well as competitive strokes. They will also focus on learning alongside other swimmers and having fun in a competitive atmosphere. (Recommended Ages 7-9) MWF from 5:45-6:30pm.

Silver: Swimmers in the Silver group demonstrate ability to swim all four competitive strokes (butterfly, backstroke, breaststroke, and freestyle) and be able to swim several hundred yards continuously. They are able to do flip turns/open turns and use breathing techniques. They will understand timing clocks. Silver swimmers build stamina and focus on depth of existing technique. They may join USA Swimming with coach approval. (Recommended ages 8-11) Monday-Friday from 5:30pm-6:15pm.

Gold: Gold swimmers exhibit endurance and speed through higher level training than before. They focus on race strategies, breathing patterns, practice structures, stroke and kick rates. This regimen includes 2 days of dryland training per week. Gold swimmers know how to read a swimming clock and how to perform a swim set independently. They are encouraged to join and compete within USA Swimming for additional growth opportunities. (Recommended ages 10-13) Monday-Friday from 4:30pm-5:30pm.

Platinum: Platinum swimmers make up our most advanced practice group and are ready to compete at the highest level including Junior Olympics and Nationals. They are motivated, dedicated, hard working swimmers ready for challenging and technical practices. Platinum swimmers perfect their techniques while optimizing their speed and stamina. They focus on mastering race strategies, breathing patterns, stroke and kick rates. Swimmers in this group will participate in frequent dryland training and optional weight lifting with a trainer (additional costs apply). They are expected to volunteer/mentor teammates and demonstrate role-model behavior on and off the deck. They are strongly encouraged to join and compete in USA Swimming. (Ages 10-18). Monday-Friday from 2:45pm-4:30pm.

Coach Kyle will assign your athlete to a practice group based on their swimming ability. If you do not know what practice group your athlete is in, please contact Coach Kyle - kbauer@clubaycc.org

FEES & PAYMENT OPTIONS

**Each swimmer must hold an active AYCC Membership throughout the season.
September 5, 2022 - March 31, 2023**

AYCC Membership Rates:

Youth \$40/year • Teen \$150/year or \$13/month • Family begins at \$50/month

Please note that the Youth Membership does not include access to the AYCC's fitness classes, Gronk Zone, or the Wellness Center.

Full Season Pay - Requires full payment for the season and is due at the time of registration. **Financial assistance** is available for full season pay and through the bank draft option. Financial Assistance Application along with one month's worth of household income information required for processing.

Automatic Monthly Payment Option - Payments are split as a monthly draft over each of the seven months of the swim season. A small convenience fee is added to this option. Requires a financial agreement to process fees in this manner.

Payment Options: Online www.clubaycc.org/aquatics / Phone 207-873-0684 / In Person
All payment options must be complete prior to the athlete entering the pool for any practices and/or meets.

Level	Full Season	Monthly Auto Payments TOTAL w/Fee - additional paperwork required	Initial Pmt. @Registration	Monthly** Auto Payments
Jr. Dolphins	\$255.00	\$265.00	\$40.00	\$37.50
Bronze	\$305.00	\$315.00	\$45.00	\$45.00
Silver	\$395.00	\$405.00	\$60.00	\$57.50
Gold	\$545.00	\$555.00	\$81.00	\$79.00
Platinum	\$645.00	\$655.00	\$94.00	\$93.50

**Monthly Automatic Payments will be deducted from an account each month according to the relevant payment amount and on the following schedule:

Initial payment at Registration PLUS:

Oct 1, 2022 Nov 1, 2022 Dec 1, 2022 Jan 1, 2023 Feb 1, 2023 Mar 1, 2022

Authorization for Automatic Withdrawal with the AYCC

Automatic payments will automatically be withdrawn each month beginning October 1, 2022 through March 1, 2023. In the event that a family registers late, the balance will be split evenly between the remaining months to be drawn auto-

_____ I agree to pay my MMD Swim Team Fee on the first of each month (Oct 1, 2022 - Mar 1, 2023)

My Child's name(s) _____

My child will participate in the following MMD Swim Team Level: please circle one or more for additional children.

Jr. Dolphins	Bronze	Silver	Gold	Platinum
Jr. Dolphins	Bronze	Silver	Gold	Platinum

Monthly Automatic Fee (see fee schedule FMI) _____

I authorize my financial institution to honor pre-authorized drafts drawn by the Alford Youth and Community Center on my account for Mid Maine Dolphins Swim Team payments.

ACCOUNT HOLDER NAME: _____

FINANCIAL INSTITUTION NAME: _____

CHECKING _____ SAVINGS _____

FINANCIAL INSTITUTION ROUTING NUMBER: _____

CREDIT CARD ACCOUNT HOLDER NAME: _____

CREDIT CARD INSTITUTION NAME: _____ CARD TYPE: _____

CREDIT CARD NUMBER: _____ EXP. DATE: _____

I hereby authorize The Alford Youth and Community Center to initiate a debit entry to my checking/savings account or credit card account at the financial institution listed above and initiate adjustments (if ever necessary) for any transaction debited/credited in error. This authority will remain in effect until the Alford Youth and Community Center is notified by me in writing. The written notice must be received by the Alford Youth and Community Center at least 14 days before the next billing cycle.

Returned transactions for reasons such as: declined, insufficient funds, closed account, member contact issuer; will incur a \$10-\$30.00 fee payable to the AYCC upon repayment of initial declined payment upon each occurrence. Initial payment, plus AYCC fee must be paid in full within 14 days by cash, money order, bank check or credit card. Continued occurrences may result in the loss of childcare.

_____	_____	_____
Name of Authorized Account Holder	Signature of Authorized Account Holder	Date

Date Authorization Received _____	Staff Entering Authorized Payments _____
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