



Special Olympics Maine
**Unified Champion
Clubs** at the Alford Youth & Community Center



BE A CHAMPION OF INCLUSION

GET INVOLVED AS A UNIFIED PARTNER

Promoting Social Inclusion Through Sports.

Sports has a way unifying people. Special Olympics Maine Unified Champion Clubs at the Alford Youth & Community Center is a program that provides people **with (athlete) and without intellectual disabilities (unified partner)** the opportunity to **play on the same team** through recreational sports and activities in a community setting (i.e. YMCAs, Boys & Girls Clubs, Parks & Rec.) A simple principal that playing and competing together creates a quick path to friendships, understanding and leads to a more **inclusive community**.



www.clubaycc.org

Alex Carey

Unified Champion Club Coordinator

acarey@clubaycc.org

207-872-8584

WHAT is a Unified Partner?

A Unified partner is a student or a community member without an intellectual disability, who actively participates with the athletes in a fun and meaningful way through recreational sports and activities at the AYCC. Unified partners and athletes form friendships and build community!

WHY you should become a Unified Partner!

Through sports and activities, athletes and partners are given the opportunity to spend time together and share a common interest and goal. This supports the development of friendships between athletes and partners as well as social inclusion. As partners spend more time with athletes, their attitudes and beliefs about athletes begin to shift, paving the way for greater acceptance of all people with ID!

HOW can you get involved?

It's easy! Reach out to Alex Carey, Unified Champion Club Coordinator at the AYCC program. You can also find our more info by visiting www.clubaycc.org or www.somaine.org

#ChooseToInclude