

AYCC SWIM LESSON GUIDELINES



ARRIVAL

- You and your child may arrive up to, but no earlier than, 5 minutes prior to the start of class and cannot enter the lesson area until ALL previous participants have exited the aquatics area.
- Swimmers who are earlier than 5 minutes must sit outside of the aquatics area or on the lap pool until 5 minutes before their scheduled class or until a Lifeguard on duty gives them the “all clear”
- Swimmers MUST arrive in their bathing suits as changing space is currently extremely limited.
- COVID-19 Screening:** When arriving, you will be asked health-related questions and you and your child’s temperature will be taken. An updated liability waiver is also required before entering the facility.

For the safety of our staff, members, and program participants, all are asked to wear a face covering when entering our building. Children under the age of 2 will not need to wear a face mask upon entering. Swimmers will not be wearing masks while in the water.

SPECTATORS

- Swim lesson participants will be **limited to a maximum of one parent/guardian spectator** at each lesson. Participants in Parent & Child classes must have a parent/guardian in the water with them; this parent/guardian counts as their one spectator at each lesson.

DURING LESSONS

- Bathrooms will be available for use in our Therapy Pool deck and in the Aquatics hallway.**
- We ask that all participants bring a full water bottle with them to class as there are no drinking fountains available facility-wide.
- All Parent and Child Classes as well as Levels 4 and 5 will be contact-free and abide by social distancing guidelines, except in emergency circumstances.
- All level 1-3 lessons will minimize contact wherever possible and abide by social distancing guidelines whenever possible, except in emergency circumstances.
- In all circumstances, instructors will be wearing plastic face shields in place of masks.

EQUIPMENT

- Equipment use will be limited whenever possible. Any equipment needed for class will be distributed to each participant by the instructor. At the end of class, all used equipment will be placed in the Dunk Bucket for disinfecting.

AFTER LESSONS

- After class all participants will be encouraged to use our on deck showers one at a time and will exit through the pool doors and make their way out of the aquatics area in as timely a manner as possible to allow staff to clean lessons supplies and to help ensure social distancing between lesson groups.