



Unified Champion Club

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Unified's Got Talent Performer arrival, 4:45 pm Showtime, 6:00 pm	2
3	4	5 Soccer Practice 5:00-6:00 pm Turf at Maine's Fenway	6 Nutrition Education Series 4:30-6:00 pm AYCC	7 Soccer Matchday 1 5:00-6:30 pm Turf at Maine's Fenway	8	9
10 Free Community Breakfast 7:00-10:00 am Waterville Masons Lodge	11 9/11 Remembrance Day Themed Paint Night 4:30-6:30 pm Fairfield Mason Lodge	12 Soccer Practice 5:00-6:00 pm Turf at Maine's Fenway	13 Nutrition Education Series 4:30-6:00 pm AYCC	14 Soccer Matchday 2 5:00-6:30 pm Turf at Maine's Fenway	15	16
17	18	19 Soccer Practice 5:00-6:00 pm Turf at Maine's Fenway	20 Nutrition Education Series 4:30-6:00 pm AYCC	21 Soccer Matchday 3 5:00-6:30 pm Turf at Maine's Fenway	22	23
24	25 Themed Paint Night 4:30-6:30 pm Fairfield Mason Lodge	26 Soccer Practice 5:00-6:00 pm Turf at Maine's Fenway	27 Nutrition Education Series 4:30-6:00 pm AYCC	28 Soccer Matchday 4 5:00-6:30 pm Turf at Maine's Fenway	29	30

Welcome to September! The Unified Champion Club has 2 new programs beginning this month.

- **Soccer** – September kicks off our 2-month soccer season! Playing from the **Turf at Mini Fenway in Oakland** this year, the correct nets and painted touch lines will offer an authentic touch to our season. **Practices – Tuesday, 5:00p.** Practices will be offered every Tuesday for those who want to work on learning technique, building skills, and strengthening their body. You can sign up for practices [HERE](#) **Games – Thursday, 5:00p.** All players will get a chance to warm up before a 5:30 kick-off. Mix and match teams every week to encourage playing with everyone! Sign up for games [HERE](#)
- **Nutrition Education and Cooking Series – Wednesdays, 4:30.** Join us at the **Alfond Youth & Community Center** every Wednesday in September as we learn about how to fuel our body for success. We will get a chance to use our cooking skills in the kitchen, and our eating skills as we sample some recipes. Space is limited, so please have a level of commitment if you sign up. You can sign up [HERE](#)
- **Paint Nights** – Join us on **September 11th at the Siloam Mason’s Lodge in Fairfield** for a USA Pride themed paint night as we remember the fearless heroes and those who were lost in the events that occurred in 2001. Come back to the lodge on September 25th for a welcoming autumn themed paint night as we get into the fall spirit. Both paint nights are from **4:30p-6:30p.** Please sign up [HERE](#) if you’d like to join us.

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