## April 2024





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	Open Swim 6-7pm Lap Pool	3 National Walking Day! Walking Club 1-2:30pm	4 Volleyball 5-7pm	5	6
7	8	9 Open Swim 6-7pm Lap Pool	10 Walking Club 1-2:30pm	Volleyball 5-7pm	12	13
14	Best Buddies Event	Open Swim 6-7pm Lap Pool	17 Walking Club 1-2:30pm	18 Volleyball 5-7pm	19	20
21	22	Open Swim 6-7pm Lap Pool	24 Walking Club 1-2:30pm	25 Volleyball 5-7pm	26	27 Opening Day @Wrigley Time: TBA
28	29	Open Swim 6-7pm Lap Pool				

Happy April!

Open Swim: Swim will stay in the Lap Pool 6-7pm on Tuesdays! Come join us for an hour of pool time fun!

Walking Club: Walking Club will continue on Wednesdays at 1-2:30pm. I know this time can be difficult for some to attend, feel free to come and use the AYCC track anytime of the day to get some steps in. Hopefully the weather is nice this April and we can get outside to walk some days.

Volleyball: Volleyball has been going great and has been a lot of fun, especially when the ball gets stuck up in the ceiling. We will continue volleyball in the AYCC Gym 5-6:30pm.

Best Buddies: Reminder Best Buddies Events will take place on every third Monday of the month. This one will be April 15th 5-7pm at the Alfond Commons. 150 Main Street Waterville, ME. Last time was a game night.

Opening Day: Unified will participate in the Baseball and Softball Opening Day Ceremony. This will take place at Wrigley Field, 47 Mattews Ave Waterville, ME on April 27th. Parking at Wrigley is tight, if you can carpool with people that would help with parking. Each baseball and softball team will be called out on to the field one by one and brief ceremony and first pitch will occur. More details to come in my weekly emails.

Have an AMAZING April!