

COUNSELOR IN TRAINING

2024-2025





AT THE AFTER SCHOOL PROGRAM

Boys & Girls Clubs and YMCA of Greater Waterville Alfond Youth & Community Center





Childcare@clubaycc.org



www.clubaycc.org



AYCC After School Program Counselor in Training Application 2024-2025





CIT APPLICATION REQUIREMENTS

Counselor's in Training (CIT's) must be between the ages of 13-15 by August 31, 2024.

- 1. Completion of CIT Application each year.
- Have a valid AYCC Youth, Family or Teen Membership through the school year. Youth
 Memberships will be provided at no cost to the teen to participate if they do not currently hold
 an active membership.
- 3. A recent copy of the child's immunization records must also be submitted with this application.
- 4. Two written recommendations from persons, other than relatives or friends, who are familiar with your leadership abilities (i.e. teachers, club advisors, coaches, mentors, etc.)
- 5. Answer the questions found on the second to the last page of this application.

CIT PROGRAM INFO

The CIT program is for teens who have a desire to become a childcare counselor. There is no fee to become a CIT with the After School Program. CIT's are considered volunteers and will be expected to complete required tasks and duties as assigned. There will be a limit of 12 accepted applicants per week into the CIT program.

PURPOSE & PHILOSOPHY

During the school year, CIT's will focus on behavior management, communication, team building, and learning to get along with other CIT's, children, and staff members. The CIT's will assist group counselors in leading games, songs, activities, and will be assigned daily duties around the facility. CIT's will be allowed to participate in activities with their assigned groups as well as swimming and field trips.

The CIT Program will assist in providing instruction through practical experience and hands-on learning to acquire life and leadership skills through leadership development, values clarification, and problem solving-techniques.

APPLICATION SUBMISSION

Gather all application materials and drop them off at the AYCC's Welcome Center, 126 North Street, Waterville, Maine to DJ Adams. Use the checkbox below to be sure you have included all materials in your submission.

DJ Adams, After School Program Director childcare@clubaycc.org / 207-873-0684

Completed Application
Immunization Records
Two written letters of recommendation

CONFIDENTIAL DEMOGRAPHICS

The following information is necessary for our records and the grant and donor funding our organization—receives. This funding helps us provide quality staff, training, and quality programs to your child as well as to our members and to the community. The answers you provide are confidential. Your cooperation in providing this information is both appreciated and necessary.

Estimated Annual Family Income (Choose the option that best fits this house	hold information)
Decline to answer\$0-\$15,150\$15,151-\$30,150\$30,151-\$- \$40,601-\$51,050	40,600
\$51,051-\$61,500\$61,501-\$71,950\$71,951-\$82,400\$82,401- \$92,851-\$103,300\$103,301+	-\$92,850
Family Setting:Foster CareTwo parent familySingle parenExtended FamilyOther	nt family
Is your child a U.S. Citizen? Is your child a Maine Resident?	
In which county do you reside? Kennebec Somerset Other	
Race-Nationality:	
African-AmericanArabNative AmericanAsiar	nHispanic
Caucasian (white)Multi-Racial Other:	
 Is either parent/guardian in the home in the United States Military? Ye	esNo
If yes, is he/she: Active Duty Reserve Veteran	
Which Branch:	

After School Program at the AYCC - Waterville

Mon-Fri 2:15-6:00pm

Teacher In-Service Days - Full days 7:00 am-5:30 pm

Early Release Days - 12:00 pm-5:30 pm

School Vacations - Full day care available 7:00 am-5:30 pm - December, February & April

Program CLOSED - Mon, Sept 2 / Thurs & Fri, Nov 28 & 29 / Tues & Wed, Dec 24 & 25 /

Mon, May 26

AYCC CIT REGISTRATION





Child's Last Name	Child's First Name	Middle Initial	US Citizen?
Preferred Name/Nickname	Date of Birth	Age	Gender
Pronouns He/him she/her they/them	other	T-Shirt Size	Shoe Size
Home Address	City		
Parent/Guardian Name Cell Phone		Home Phone	Work Phone
Email Address	Employer	Employer Address	Employer Phone
Parent/Guardian Name	Cell Phone	Home Phone	Work Phone
Email Address	Employer	Employer Address	Employer Phone
With whom does the child live?			
Emergency Contact (other than	parent)	Contact Phone	1
Emergency Contact (other than	parent)	Contact Phone)
		<u> </u>	

IMMUNIZATION RECORDS

The State of Maine DHHS now requires that licensed childcares hold immunization records for each child in their care. A recent copy of the child's immunizations must be included with this application. Records can be obtained by contacting your child's primary physician, and/or for Maine residents, through the State of Maine website:

https://www.maine.gov/dhhs/forms/immpact-immunization-record-request

		Welcome Center Use Only
Member	ID#	Staff Initial
Date	Registered _	
Immunization	Records Included	Program Start Date:

PICK-UP AUTHORIZATION

	(parent/guardian) give permission for
the following people to pick up my child	
childcare programs at the Alfond Youth & Commun	
child's pick-up list at any point by completing a Pic	k-Up Authorization form or by speaking to a
supervisor.	
The only person(s) allowed to pick up my child(ren)	from the program are:
Parent/Guardian First & Last Name	Phone
Parent/Guardian First & Last Name	Phone
Additional Person First & Last Name	Phone
Additional Darcon First & Last Name	Dhono
Additional Person First & Last Name	Phone
Additional Person First & Last Name	Phone
Additional Ferson First & East Name	
Additional Person First & Last Name	Phone
Additional Person First & Last Name	Phone
Additional Person First & Last Name	Phone
Additional Person First & Last Name	Phone
Additional Dayson First C Look Name	Dhana
Additional Person First & Last Name	Pnone
Additional Person First & Last Name	Phone
Additional Person First & Last Name	FHolie
PLEASE INCLUDE PARENTS/GUARDIANS on the pi	ck-up list to assure accuracy of those with
permission to pick the child up.	ap
If at any time during the child's enrollment in AYCC	
change, I will notify a childcare supervisor and prov	ride proper documentation immediately.
*Please indicate if you are using a taxi service for tr	•
taxi driver without written or verbal permission from	
(s) must be of legal age (18+). Special permission wi written note only. No pick-up person(s) under the a	
custody of a child. Photo ID's are required for pick-	
castody of a crima. I floto ib safe required for pick-	~p.

HEALTH HISTORY

Has your child ever been hospitalized?	If yes, please explain.	
Does your child take medication during childcare hours?	If yes, please complete the l document.	Medication Form within this
Does your child have any medication allergie	s? (ex. penicillin, aspirin, ibup	rofen, etc.)
Does your child have any product or environ	mental allergies? (ex. latex, se	easonal, insects, trees, etc.)
Does your child have any medical conditions Excema, heart disease, cancer, sensitive skin		e aware of? (ex. Asthma,
Does your child have any emotional concerns	s that we should be aware of	? (ex. Behavior challenges,
Does your child have any food allergies or die celiac disease, etc.) If yes, please complete a	•	vegetarian, lactose intolerant,
Date of last Tetanus shot:		
Family Doctor Name/Practice		Phone
Family Doctor Address		
Family Dentist Name/Practice		Phone
Family Dentist Address		
In case of emergency, my child should be tre	eated at: Please circle one.	
MaineGeneral Medical Center	Northern Light Inla	nd Hospital
EMERGENCY INFORMATION	PLEASE FILL OUT	COMPLETELY.
In case of emergency, illness or accident to your of for the procedure we take.	child, while in attendance in child	dcare, please state your preference
Please number the contacts in the order in which	-	
() Contact the mother/guardian at:		
() Contact the father/guardian at:() Contact the family doctor:		
() Contact the family doctor:		
() Use discretion and seek medical attention if I		
transported to the hospital (of your choice) in an e		
() Please list any other instruction you wish:		
Consent: In the event that neither parent/guardi	an can be contacted by telepho	ne, I hereby give my consent to the
childcare staff to follow the above order or proce Childcare Director in writing. I will be responsible		
Parent/Guardian Signature		Date

AYCC CHILDCARE PROGRAM Medication Permission Form

207-873-0684 www.clubaycc.org childcare@clubaycc.org

Child Last Name		Child First Name
DOB	Prescribing Physician	
Name of Medication(s)		
Date of Medication Order		
Dosage		
Time & Frequency of Medication	on to be administered	
Continue this medication until		
I have given the first dosage or	າ	·
	Date	
above.		$_{ extstyle}$ has a valid prescription for the medication(s) listed
Parent/Guardian First & Last Name	e (Printed)	Date
Parent/Guardian Signature		Date

Date	Number of Pills & Dosage	Parent/ Guardian Initials	Staff Received	Date	Number of Pills & Dosage	Parent/ Guardian Initials	Staff Received

Boys & Girls Clubs and YMCA of Greater Waterville at the Alfond Youth & Community Center
126 North Street, Waterville, Maine 04901
P: 207-873-0684 F: 207-861-8016
www.clubaycc.org facebook.com/clubaycc





AYCC CHILDCARE PROGRAM Epi Pen & Inhaler Permission Form

Phone 207-873-0684 Fax 207-861-8016 childcare@clubaycc.org

Last Name		First Name		
DOB	Epi Pen		Inhaler	
of an AYCC childcare.		-	or Asthma Inhaler while in attendance Phone	
Signature			Date	
	al Professional must co Of ent Asthma Action Plan	₹	tom section of this form. s Emergency Care Plan	
s	hould be submitted to childcare@cl		irector.	
Name of Medication(s)				
Date of Medication Order				
Route & Dosage of Medication				
Frequency & Time of Medication	on Administration/Assista	nce		
Specific recommendations for	administration (what type	of symptoms w	ould indicate need for medication?)	
Diagnosis and any other medic	al conditions requiring me	edication.		
Any special side effects, contra	aindications and adverse r	eactions to be ob	oserved?	
skills to safely possess and use	the following medication		escription and the knowledge and e of the AYCC.	
Physician's Office Name	Office Addre	255	Phone	
Physician's Name	Physician's Signati	ure	Date	

Release & Policy Information

For ALL AFTER SCHOOL PROGRAMS

Parent/ Guardian Initials

Photos - I grant permission for the AYCC to take video and/or photographs of my child for the purpose of marketing and promoting the AYCC. Circle One: YES NO

Pick-Up Policy - Childcare closes PROMPTLY at 5:30 pm for satellite locations and 6:00 pm for Waterville. A late fee of \$5.00 per 15 minute intervals will be charged for any child who is picked up after this time. The fee will be paid at the Welcome Center upon arrival. Your child **may not return** until this fee is paid. Multiple occurrences of non-payment and/or non-compliance of our pick up schedule, could result in termination of services.

Transportation Release - I give the AYCC permission to transport my child to and from childcare or field trips and agree to provide a note if other transportation is to be used or if other adults will be dropping off or picking up the child.

Lost and Found - I understand the childcare programs & AYCC are not responsible for lost or stolen items.

Technology Use Policy - As a member of childcare, your child will have access to the internet. In order to maximize the benefits of the internet use and minimize any possible dangers, we have created specific guidelines that are to be followed at all times. All parents must review guidelines with their child(ren) and provide consent for their child(ren) to view and/or use the network. I have reviewed the technology policy with my child(ren), located in the **Childcare Handbook** and understand that if my child(ren) misuses the policy guidelines; he/she will lose their network privileges and may undergo disciplinary action.

Bullying Policy - It is the intent of the AYCC to provide all youth with a safe, orderly, and respectful recreational environment. Administration and staff will provide clear expectations and consequences for all participants and be consistent with NO TOLERANCE for any bullying behavior. Bullying behavior is defined by repeated comments, name calling, gestures, or actions made with the intent to harm, distress, intimidate, threaten, or coerce another individual. I have read and understood the bullying policy stated in the **Childcare Handbook**.

Child Guidance & Dismissal Policy - The childcare program wants all children to feel safe and cared about while attending the AYCC and any of its programs. We understand that children attending our programs may still be learning emotional skills and self-regulation strategies. Our goal is to help support and guide children in navigating and honing these critical skills during their time in childcare. Staff will guide and provide behavioral support as necessary, however, children may be sent home due to incidents involving physical aggression, safety or health concerns (ie. spitting, biting) and high levels of elopement or other behavioral challenges that require consistent support and/or multiple staff person support. Continued and repeated occurrences of extreme cases where unsafe behaviors are occurring more than 3x a month may result in temporary or permanent dismissal.

Video Surveillance System Usage Policy & Procedures

The purpose of the AYCC video surveillance system is to help make the AYCC safer for youth, visitors, members, and employees by providing surveillance of key public space areas to reduce crimes, injuries, accidents, and incidents. The primary use of the system is to allow the after-the-fact investigation of accidents, incidents and potentially crimes, within the AYCC. Cameras are currently installed around the public spaces (rooms, hallways, building exterior) within the AYCC. Cameras are not used to specifically protect private properties within the facility and are not located around areas where the public might have an expectation of privacy (e.g., locker rooms & restrooms). For the protection of AYCC members and community members, individuals are generally not permitted to view security footage other than what is visible real time security feed featured in the AYCC welcome area. Recorded video will be made directly available to the general public only to the extent required by law.

Release & Policy Information

For ALL AFTER SCHOOL PROGRAMS

Parent/ Guardian Initials

or alcohol, the staff will strongly recommend that another person is called for pick-up. If the recomis not acted upon, the staff will notify the police department. I understand the impairment policy. Parent/Guardian Signature Date	nmendation
Child Abuse & Neglect Policy - We are licensed by the State of Maine, Department of Health & Human Services, which means we are required to report any suspected cases of child abuse or neglect. Identity and information shared in this report are kept strictly confidential. All AYCC employees are mandated reporters.	
Pick-Up & Health Policy - Parents/guardians are required to make an immediate pick-up (within 1 h behavior challenges, illness, lice, vomiting, fever of 100.4 or higher, diarrhea, or bathroom accidents must take place within one hour of receipt of our call. If your child did not attend school for illness of behavioral challenges, your child may not attend childcare. If the illness causes the child to be unable actively participate in the activities, then they will be sent home. If the illness is contagious, a doctor approval from the Director will be required upon return. The child will be unable to return until they symptom free for a minimum of 24 hours. Parent/Guardian Signature	s. Pick-up or ole to r's note or r have been
Childcare Handbook - It is very important to us to make sure parents/guardians are well informed of all our policies and guidelines. All of the policies are written in detail in the Childcare Handbook, located at the Welcome Center or available on our website at www.clubaycc.org. (Full policies are not written in the registration form). Parents/Guardians are required to read and understand all the information both in the registration form and the Childcare Handbook. Please see one of the directors with any questions/concerns. I have read and understood both the registration form and Childcare Handbook.	
Third Party Information (only for families receiving Third Party Childcare Assistance) If my child receives childcare assistance from a third party organization (i.e. State of Maine), I understand that I must follow all the outlined rules as listed in the Childcare Handbook.	
Registration - I acknowledge that the information included in this packet is current and correct to t my abilities. If any of the information (such as contact or custody information) changes, I will notify Childcare Coordinator immediately. Parent/Guardian Signature	
Snow Day Policy - the After School Program MAY BE open on snow days, depending on the severity of the storm and the number of youth needing to utilize the childcare services for the day. The AYCC will publish on our Facebook pages and Childcare Coordinators will reach out to families in advance where possible to see what the need might be.	
Personal Electronic Device Policy - To assure all aspects of child safety while at the AYCC After School Programs, personally owned electronic devices may not be used by youth. This includes cell phones, iPads, apple watches, Bluetooth headphones, etc., unless specifically identified as needing one through a youth support plan. Youth are expected to participate in planned program activities; playing on the playground, doing arts and crafts, reading, playing board games, competing in gym games, or conversing with peers and staff during the childcare hours. For satellite locations - at times, participants may have access to the school's or the AYCC's devices, which would be supervised and monitored by program staff.	

Release & Policy Information Continued Waterville Location Only	Parent/ Guardian Initials
Open Swim Release - I would like my child to participate in open swim time on as available during the week. I understand that my child may not be able to go every day offered due to limited space. There are limited options of swim attire to borrow. Please circle your child's ability in the water: Beginner Moderate Advanced	
NinjAdventure Zone (ninja obstacle course, indoor playground), Climbing Wall & Gronk Zone Release - I give permission for my child to participate in the NinjAdventure Zone, Climbing Wall and Gronk Zone programs. Children are required to wear socks in the indoor playground area, and socks and sneakers in NinjAdventure Zone, on the Climbing Wall and in the Gronk Zone areas. These spaces are used daily, please pack accordingly.	
Kid Fit & Other Youth Fitness Options - I give permission for my child to participate in youth fitness options that may be offered by AYCC Certified Group Fitness Instructors. Children must have socks and sneakers to participate.	
AYCC Family Partnership Program - Are you looking for more family-focused educational and wellness opportunities or are you looking for a way to connect with other families in a fun, safe, and familiar setting? ————No, thank you ————Yes Please include the best email address to use for group communications.	
The group will meet every other month during the school year. Meeting times will vary and childcare will be provided when necessary. Feel free to reach out to any of the supervisors with questions.	

MINOR Participant Waiver, Release, Indemnification

NOTICE: THIS IS A LEGALLY BINDING AGREEMENT. Read this document carefully and in entirety. By signing this agreement, you give up your right and the named minor's right to bring a court action to recover compensation or obtain any other remedy for any personal injury or property damage however caused arising out of the named minor's participation in Boys & Girls Clubs and YMCA of Greater Waterville at the Alfond Youth & Community Center (herein known as AYCC) Programs, now or any time in the future.

Acknowledgment of Risk

I, in my legal capacity as the parent/guardian of the minor named below, do hereby acknowledge and agree that participation in AYCC activities comes with inherent risks. I have full knowledge and understanding of the inherent risks associated with AYCC participation, including but in no way limited to: (1) slips, trips, and falls, (2) aquatic injuries, (3) athletic injuries, and (4) illness, including exposure to and infection with viruses or bacteria. I further acknowledge that the preceding list is not inclusive of all possible risks associated with AYCC participation and that said list in no way limits the operation of this Agreement.

Coronavirus / COVID-19 Warning & Disclaimer

coronavirus, COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in AYCC programs or accessing AYCC facilities could increase the risk of contracting COVID-19. AYCC in no way warrants that COVID-19 infection will not occur through participation in AYCC programs of accessing AYCC facilities Initials
Waiver, Release, Indemnification & Covenant Not to Sue
In consideration of
In consideration of the named minor's participation in any AYCC activities/programs, I, the undersigned parent/guardian of the named minor, agree to INDEMNIFY AND HOLD HARMLESS Releasees from any and all causes of action, claims, demands, losses, or costs of any nature whatsoever arising out of or in any way related to the named minor's AYCC activities/programs participation.
I hereby certify on behalf of myself and the named minor that I have full knowledge of the nature and extent of the risks inherent in AYCC activities/programs participation and that I, on behalf of myself and the named minor, am voluntarily assuming said risks. I understand that I and the named minor will be solely responsible for any loss or damage, including personal injury, property damage, or death, the named minor sustains while participating in AYCC activities/ programs and that by signing this agreement I, on behalf of myself and the named minor, HEREBY RELEASE Releasees of all liability for such loss, damage, or death.
I further certify that the named minor is in good health and has no conditions or impairments which would preclude his/her safe participation in AYCC activities/programs.
I further certify that my date of birth is (MM/DD/YYYY), that my present age is, that I am therefore of lawful age (18 years or older) and otherwise legally competent to sign this agreement, and that I have legal capacity to act as the parent/guardian of the named minor. I further understand that the terms of this agreement are legally binding and certify that I am signing this agreement, after having carefully read it, of my own free will.
Participant Name (Print Clearly) Date

KVCAP Van Transportation (for Waterville Residents only)

The Boys & Girls Clubs and YMCA of Greater Waterville at the Alfond Youth & Community Center contracts with Kennebec Valley Community Action Program (KVCAP) and transports **Waterville residents** with no other means of transportation. Parents are required to be at the location when children are dropped off after attending the ASP. If your location is on the north end of town, the estimated time of arrival is between 4:00pm to 4:55pm. If your location is in the south end of town, the estimated time of arrival is between 5:15-5:30pm. Parents must complete the permission slip, located at the bottom of this sheet and return it to the Director, or the child will not be permitted to ride the van. **The van runs Monday-Friday, only when school is in session** (not on in-service or vacation days). When signing up for this service, please understand that your child has to take the van every day they attend the program.

If you are not in need of this service, please leave this page blank.

In case of inclement weather, the van run will be cancelled (ex. Early release for weather reasons or snow days). You may call the school and change your child's drop off location if this is a difficulty. **To check for van cancellations, please call 207-873-0684 or KVCAP at 207-859-1500.** Follow KVCAP on Facebook at facebook.com/kvcap

It is the parent's responsibility to check for cancellations.

Please indicate the address of drop off, if o	iliterent than nome address.
Address	
I	(Parent/Guardian Name), give permission for
the van home. If I am unable to meet the v will be required to pick my child up at the v payment, I will be expected to immed must notify the Childcare Site Coordinator	(child's or children's names) to take ran, I understand that the driver will not drop my child off and I AYCC. I understand that if I do not make my weekly childcare diately pick up my child. If I make changes to the schedule, I /Director. I will provide a CURRENT contact phone number to nd return all incident/behavior reports before my child returns. Is a hardship).
Parent/Guardian Signature	Date
Space is limited. Please explain your reason	n for requiring transportation for your child.

SKILLS

On a scale of 1-5, rate your	skill in each area (1=Low	/; 5=High):	
Swimming	Sports	!	Musical Instrument
Canoeing Performing Arts	Nature Ident	ification	Drama/
Paddle Boarding	Nature Craft	s/	Arts & Crafts
Kayaking	Orienteering	I	Drawing/Painting
Ropes Course	Outdo	oor Cooking	Fishing
Rock Climbing ing	Outdo	oor Living Skills	Story Tell-
EXPERIENCE IN CLUB	S, ORGANIZATION	S OR TEAMS	
Club/Organization/Team Name		# Years Experienc	e Position
			_
			_

OTHER RELATED LEADERSHIP OR WORK EXPERIENCE

Leadership Courses Taken:
Leadership Experience:
CERTIFICATIONS Please list date and place certified as well as level achieved and certifying organization: Swimming (circle verifying organization) American Red Cross YMCA BSA First Aid/CPR
AFTER SCHOOL PROGRAM QUESTIONS (REQUIRED FOR ASP) Why are you interested in working as a CIT in our program?
What are some skills and interests that you bring with you into this role?
What are some skills you wish to improve through this role?
What experience do you have overseeing and mentoring youth?
Do you have a particular age group you are interested in working with?

Tell Us About Your Child

Name	e Date of Birth		
What 5 words would you use to describe yo	our child?		
What significant life experiences has your cl needs within our programs.	hild had that we should know	about to better meet his/her	
	Chronic illness	Death of family member	
		Adoption	
		Domestic Violence	
Child Abuse/Neglect	ivew running member(s)	Bornesde Violence	
Behavioral/Mental/Development	al/Physical Diagnosis (please	list)	
Benavioral, Mental, Bevelopment			
Other			
What does your child like to do in his/her sp	pare time at home?		
Does your child have any stressors or trigge	rs that you would like staff to	be aware of?	
What helpful tools/strategies your child use	es when they are upset to help	o calm themselves down?	
Are there other activities you would like us	to consider adding to the prog	gram?	
What way(s) would you like to help the prog	gram? Donations, volunteer, r	ead books, help with events	
Are you interested in having a mentor for yo	our child?yes	no	
Are there any other useful information or he your child?	elpful strategies for childcare s	staff to know to best support	