

April 2025



Special Olympics Maine
Unified Champion Clubs
at 2000 National Youth & Community Center
Sponsored by the Maine Statewide Unified Sports Association



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Lap Pool 7-8pm	2 Walking Club	3 Floor Hockey	4	5
6	7	8 Model Rocket Launching 4:30 Lap Pool 7-8pm	9	10 Floor Hockey 5-6:30pm	11 Walking Club 1-2:30	12
13	14 Movement Class 5-6pm	15 Lap Pool 7-8pm	16	17 Floor Hockey 5-6:30pm	18	19
20 Happy Easter	21	22 Lap Pool 7-8pm	23 Walking Club 1-2:30	24 Floor Hockey 5-6:30pm	25	26 Baseball/Softball Opening Day
27	28	29 Lap Pool 7-8pm	30			

Happy April!

Movement Class: Matthew Cumbie at Colby College will be leading another movement class for our Unified athletes and families. This is on Monday, April 14th at 5 to 6pm. This will be held at Colby College, likely in the same room as the last class. I will notify everyone when I have confirmation on the location at Colby College this class will be held in! Hope to see you all there, I will let the Colby Best Buddies know to attend also!

Floor Hockey: I thought it would be fun to try something new that we have not yet done in UCC. Floor Hockey will be our Thursday night activity. This will be held in the AYCC gyms 2/3 5-6:30pm. I have plastic hockey sticks and a ball we will use! Let's give it a try and see how it goes!

Swim: We will continue swim on Tuesday nights in the Lap Pool 7-8pm. Next month I will hopefully be able to move our swim time up to an earlier time, stayed tuned for that! In June the outdoor pool will be open and we will move to that pool for a few months while the weather is nice!

Walking Club: I have scheduled a few times for us to meet up and get our daily steps in together! While the weather is still iffy and always changing we will walk inside at the AYCC track, 1-2:30pm is the quietest time (before the craziness of the highschoolers and daycare arrive after school). Throughout May and the summer I would like to schedule times to walk outdoors on trails, stay tuned for those days and times. I will also be sending a sign up for walking buddies to pair up with someone to walk with and keep track of your miles!

Model Rockets: The group that has built and painted model rockets will be launching them April 8th at 4:30pm. Anyone is welcome to come watch the launch! Please let me know if you would like to come watch the launching of the rockets and I will share the address with you!

Opening Day: To kick off the spring season of Baseball and Softball the AYCC puts on an Opening Day Ceremony each April. Last year was the first year UCC took part in this Ceremony and I would love to have you all back again for this year. Saturday, April 26th at 10am on Wrigley Field. Each team gets announced (t-ball, Rec Baseball, Rec Softball etc.) and UCC will be announced. We do a lap around the field and then watch the other teams get announced. This year will be extra special as there will be some awards including a ceremony honoring AYCC CEO Ken Walsh and his retirement. I will include a sign up link, as I hope you all can make it, even if you do not plan to play softball having you there to represent the UCC would be great! <https://www.signupgenius.com/go/10C0844AFAC2BA0FBCF8-55916109-aycc>

Have an ACTIVE April!