



2025 SUMMER SCHEDULE

June 23 to August 16

No classes from July 28 to August 2

Lil Dragons Karate Classes

Lil'est Dragons (Ages 4 to 5) (Class limit of 10 students per class)	Saturdays	8:30am to 9:00am
Lil Dragons (Ages 5 to 6) (Class limit of 15 students per class)	Mondays, Thursdays, Fridays	3:15pm to 3:45pm
	Saturdays	9:15am to 9:45am 10:45am to 11:15am

Beginner Karate Classes

(Ages 6 to 17)

White Belt (All Ranks) (Attend two classes per week)	Mondays, Tuesday, Thursday, Fridays	3:45pm to 4:35pm
	Saturdays	9:45am to 10:35am
Yellow & Orange Belts	Mondays & Fridays	4:45pm to 5:35pm

Intermediate & Higher Belt Karate Classes

(Ages 7 and older)

Green and Blue Belts	Tuesdays & Thursdays	4:45pm to 5:35pm
Brown and Black Belts	Tuesdays & Thursdays	5:45pm to 6:35pm



Teen & Adult Karate Classes

(Ages 13 and older)

Evening Class	Mondays & Fridays	5:45pm to 6:35pm
Older Active Adult Self-Defense	Tuesdays	10:40am to 11:30am

Other Martial Arts Classes

(Ages 9 and older)

Jiu Jitsu Class	Mondays & Thursdays	6:35pm to 7:35pm
Capoeira Class	Tuesdays	6:35pm to 7:15pm

Extra Karate Classes

Bo Class (Orange Belts & Higher)	Wednesdays	3:40pm to 4:30pm
Tournament Team (Invitation only)	Wednesdays	4:40pm to 5:30pm

Summer Registration Dates

Registration for AYCC Members or
Enrolled in the program
begins on June 9
Open Registration begins on June 16



Visit our website at
www.clubnahakaratedo.com



BELONG BELIEVE ACHIEVE

Club Naha Karate-Do U.S.A.
Boys & Girls Clubs and YMCA of Greater Waterville
at the **Alfond Youth & Community Center**
126 North Street, Waterville, Maine 04901
P: 207.873.0684 F: 207.861.8016 ClubAYCC.org





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MARTIAL ART CLASS FEES

(All fees are for a seven week session)

(Classes with an enrollment less than three will be canceled for the session)

(Ask our welcome desk about our different membership options)

Class	Member Fee	Member Fee For Additional Household Member	Non-Member Fee
Lil Dragons	\$75.00	\$65.00	\$90.00
Youth Karate/Jujitsu	\$105.00	\$95.00	\$120.00
Teen Karate/Jujitsu	Free* (See Below)		\$120.00
Adult Karate/Jujitsu	Free** (See Below)		\$120.00
Capoeira	\$75.00	\$65.00	\$90.00
Teen Capoeira	Free* (See Below)		\$90.00
Adult Capoeira	Free** (See Below)		\$90.00
Older Active Adult Self-Defense	\$75.00	\$65.00	\$90.00

*Teen Karate, Capoeira, & Jujitsu with a Teen or Family Membership

**Adult Karate, Intermediate & Higher Karate, Capoeira, & Jujitsu with an Adult, Senior, or Family Membership

Financial assistance is available!

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