

November 2025



Special Olympics Maine
Unified Champion Clubs
At the Alford Youth & Community Center
Sponsored by the Maine Historical Charitable Foundation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Therapy Swim 7-8pm	4 Movie Night Waterville Lodge 5pm	5 NinjAdventure 4:45-5:45pm	6 Dance Ability Demo- 5-7pm- Multipurpose room	7	8 AYCC Craft Fair
9	10 Alliance Meeting 6-7pm Therapy Swim 7-8pm	11 Open Gym 5-6	12 NinjAdventure 4:45-5:45pm	13 Dance Ability 4-6pm AYCC Holiday Dinner	14	15
16	17 Therapy Swim 7-8pm	18 Best Buddies Event 5-7pm	19 NinjAdventure 4:45-5:45pm	20	21	22
23	24 Therapy Swim 7-8pm	25	26 NinjAdventure 4:45-5:45pm	27 	28	29
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Happy November!

Therapy Swim: Open swim will be on Mondays 7-8pm in the therapy pool, aka warm pool, yay! Hope to see you all there!

NinjAdventure Zone: We will be back in Ninja this month on Wednesdays 4:45-5:45pm! Make sure to wear or bring sneakers, barefoot is not allowed.

Dance Ability: Our last two weeks of Dance Ability programming are wrapping up, it went so quick but we have enjoyed Michaela and our dance classes each week. I hope if you haven't joined us yet you can for the last two classes, it is a lot of fun and a great way to get your body moving for a couple of hours! Reminder our last week has been moved up to 4pm so we can make it to the Holiday Dinner downstairs in the gym that evening.

Movie Night: Tuesday 11/4 at the Waterville Lodge-250 County Road we will have movie night and popcorn! Make sure to check your email as I will be asking people for movie suggestions. Hope to see you there!

Open Gym: I know basketball isn't starting until December but if you want to shoot, dribble, or play pickleball, volleyball, kickball we have an hour in the gym for free time on Tuesday 11/11 5-6pm in gym 2 and 3!

Best Buddies Colby: The Colby Chapter of Best Buddies will be hosting another event this Monday on the 18th. I believe it will be a Friendsgiving event, please make sure you are registered with Best Buddies to participate in these events. Email me for the link or they can be found in the Weekly Email.

Alliance Meeting: Our November alliance meeting is Monday 11/10 6-7pm in the AYCC Boardroom all are welcome.

Holiday Dinner: It is time again for the AYCC Community Holiday Dinner, this is a free event for community members to get a yummy holiday dinner! 5-7pm at the AYCC Gyms on Thursday 11/13.

Have a great November!