



# 2026 Spring I Session

February 23 — April 18

Please note that this session is eight weeks instead of our normal seven weeks

## Lil Dragons Karate Classes

<b>Lil'est Dragons</b> (Ages 4 to 5) (Class limit of 10 students per class)	Saturdays	8:30am to 9:00am
<b>Lil Dragons</b> (Ages 5 to 6) (Class limit of 15 students per class)	Mondays, Thursdays, Fridays Saturdays	3:15pm to 3:45pm 9:15am to 9:45am 10:45am to 11:15am

## Beginner Karate Classes

(Ages 6 to 17)

<b>Beginner White Belt</b> (Attend two classes per week)	Mondays, Friday, Saturdays	3:45pm to 4:35pm 9:45am to 10:35am
<b>White Belt I &amp; II Stripes</b> (Students who are unable to attend their scheduled class are welcome to attend a Beginner White Belt class.)	Tuesdays & Thursdays,	3:45pm to 4:35pm
<b>Yellow &amp; Orange Belts</b>	Mondays & Fridays	4:45pm to 5:35pm



## Intermediate & Higher Belt Karate Classes

(Ages 7 and older)

<b>Green and Blue Belts</b>	Tuesdays & Thursdays	4:45pm to 5:35pm
<b>Brown and Black Belts</b>	Tuesdays & Thursdays	5:45pm to 6:35pm

## Teen & Adult Karate Classes

(Ages 13 and older)

<b>Evening Class</b>	Mondays & Fridays	5:45pm to 6:35pm
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## Other Martial Arts Classes

(Ages 9 and older)

<b>Jiu Jitsu Class</b>	Mondays & Thursdays	6:35pm to 7:35pm
<b>Capoeira Class</b>	Tuesdays	6:35pm to 7:15pm
<b>Older Active Adult</b>	Tuesdays	11:15am to 12:00am
<b>Self-Defense</b>		

## Extra Karate Classes

<b>Bo Class</b> (Orange Belts & Higher)	Wednesdays	3:40pm to 4:30pm
<b>Tournament Team</b> (Invitation only)	Wednesdays	4:40pm to 5:30pm

## Spring I Registration Dates

Registration for AYCC Members  
begins on February 9

Open Registration begins on February 16



Visit our website at  
[www.clubnahakaratedo.com](http://www.clubnahakaratedo.com)



BELONG BELIEVE ACHIEVE

**Club Naha Karate-Do U.S.A.**  
Boys & Girls Clubs and YMCA of Greater Waterville  
at the **Alford Youth & Community Center**  
126 North Street, Waterville, Maine 04901  
P: 207.873.0684 F: 207.861.8016 ClubAYCC.org





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## MARTIAL ART CLASS FEES

(All fees are for an eight week session)

(Classes with an enrollment less than three will be canceled for the session)

(Ask our welcome desk about our different membership options)

Class	Member Fee	Member Fee For Additional Household Member	Non-Member Fee
Lil Dragons	\$85.00	\$75.00	\$100.00
Youth Karate/Jujitsu	\$115.00	\$105.00	\$130.00
Teen Karate/Jujitsu	Free* (See Below)		\$130.00
Adult Karate/Jujitsu	Free** (See Below)		\$130.00
Capoeira	\$85.00	\$75.00	\$100.00
Teen Capoeira	Free* (See Below)		\$100.00
Adult Capoeira	Free** (See Below)		\$100.00
Older Active Adult Self-Defense	\$85.00		\$100.00

\*Teen Karate, Capoeira, & Jujitsu with a Teen or Family Membership

\*\*Adult Karate, Intermediate & Higher Karate, Capoeira, & Jujitsu with an Adult, Senior, or Family Membership

Financial assistance is available!

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